



Arizona Fall Prevention Coalition Presents National Fall Prevention Day

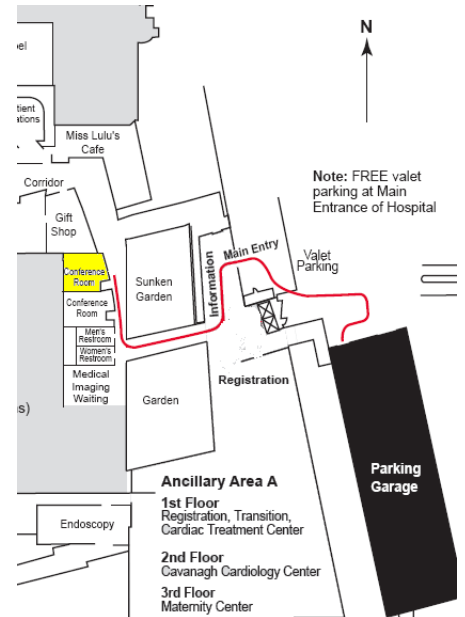
The Arizona Fall Prevention Coalition
invites you to join us for:

National Fall Prevention Day

When: Wednesday, September 22, 2010

Time: 10:00am– 12:30pm

Where: Banner Good Samaritan Medical Center
Sandstone Room North (see map)
1111 E. McDowell Rd., Phoenix



- **Mini balance exam**
- **Ask a doctor: physician Q & A**
- **Medication review: bring a list of your medications**
- **Booths from the AZ Fall Prevention Coalition:**
 - **Home Modification:** Inexpensive ways to make your home safer
 - **Medication Management:** Learn why medicines can make you fall
 - **Physical Activity:** Fun and easy exercises to prevent a fall

Free valet parking and escort from main hospital entrance
Fall prevention give-aways, information, and resources
Refreshments courtesy of Banner Health

What is the AZ Fall Prevention Coalition?

The Arizona Fall Prevention Coalition was put together through the Virginia Piper Charitable Trust. The mission of the coalition is to reduce the risk of falls by older Arizonans through education, awareness, and outreach. Learn more at:

www.azstopfalls.org



**Banner Good Samaritan
Medical Center**

Trauma Services

For more information contact:

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